

Ministry of Mothers Sharing...

Based on the **four calls** in
Called & Gifted for the Third Millennium

Call to **Holiness**
Call to **Community**
Call to **Mission & Ministry**
Call to **Christian Maturity**

Gathering women together
to form a network of
mutual **spiritual support**
and **affirmation**

A group experience of
learning, praying and
ministering to each other

Introducing women
to opportunities for
personal and spiritual growth
in a faith sharing group

Increasing
communication skills
and the use of **prayer rituals**
in the home

Enriching **family spirituality**

An opportunity for
women to **reach out**
and **become leaders**
in the Christian community

*“We are all called to be
Mothers of God,
Because God is always
Needing to be born
In the world.”*

- Meister Eckhart



*Spiritual enrichment
for women of all ages
and life experiences*

Vision—empowering women
from the inside out
for the transformation of society

Mission—awaken women
of all ages and life experiences
to claim their sacred vocation
through a spiritual process
grounded in **Baptism**
and shaped by **Benedictine values**

Information available at:
www.ministryofmotherssharing.org

Ministry of Mothers Sharing
National Office
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momsnational@stpaulsmonastery.org

Ministry of Mothers Sharing
is a national ministry.
Your contribution would greatly help
the sustainability of this *Ministry*
across the country.

An outreach ministry of the
Sisters of St. Benedict of St. Paul's Monastery

Ministry of Mothers Sharing 8 Week Session

Affirming a Woman's
Sacred Vocation

Enhancing the
Christian Perspective

A **Personal Journal** is used
for reflection and journaling

Session Topics:

- Self-Esteem and Self-Acceptance
- Stress, Worries and Anxiety
- Everyday Spirituality
- Feelings
- Personal Goal Setting
- Expressing Values in Friendship
- Discernment of Gifts
- Celebration of New Beginnings



Retreat Experiences

For women of all ages
and life experiences.

Life-Giving, Spirit-Filled

Presented by *Ministry of Mothers Sharing* co-founder,
Paula Hagen, OSB

Six-hour, parish-based

Themes proven to rejuvenate
the hearts of all women

On the Journey Retreat Series

Presented by local leaders

Three-hour, community-based

Use published

Facilitator Guides and *Personal Journals*

Empower women to continue
their spiritual growth through
prayer, journaling, and sharing

Monthly Newsletter

Rituals, Reflections and Resources
for individuals and groups

Sign up at

www.ministryofmotherssharing.org
scroll down the menu bar on the left side

Workshops

Establishing
Ministry of Mothers Sharing

Ministry of Mothers Sharing
Facilitator Training

Developing a *Ministry of*
Mothers Sharing Core Team

Facilitating *On the Journey Retreats*

Training Workshops are provided
by *Ministry of Mothers Sharing*
National Leadership
across the country.



Consultation

Ministry of Mothers Sharing
National Leadership
provides consultation
in person and by phone or e-mail.

Written and online resources
for community leaders
are available from
the National Office.