

Ways to Strengthen the Family this Advent

Advent is a time to slow down, to spend time getting to know God.

How is God inviting me to learn more this Advent?

God is inviting me to...

My respect for children indicates a lot about my respect for Jesus.

How do I show respect for each person in our family?

I will be more respectful this Advent by...

The image of God's love and goodness is communicated by my example and behavior more than words.

What one behavior do I want to practice this Advent which shows great love for our family?

I resolve to...

The 'grace-filled moment' recognized in my own life prepares me to recognize and respond to it in our family.

How do I want to recognize God in family prayer or in my family this Advent?

I can...

Planning family time and household activities strengthens family relationships.

How can I be a more helpful person in our family this Advent?

I can...

Communication is an art. The skills needed are learned only with time and practice. Family communication makes for a stronger family.

How can I be more willing to share my ideas in our family?

I can...

There is a direct relationship between a parent's prayer and the family prayer time.

Can we make one small resolution to strengthen our family prayer times this Advent?

We resolve...



Ministry of Mothers Sharing

An outreach ministry of the Sisters of St. Benedict of St. Paul's Monastery