



Passages

VOLUME 22 / ISSUE 1

A publication of news and information from
St. Paul's Monastery



*Let us open our
eyes to the light
that shows us the
way to God.*

– St. Benedict of Nursia

Window in our chapel, by Michael Pilla.



Sister Lucia
Schwickerath, OSB

CELEBRATE THE LIGHT

A Message from the Prioress

As we consider our role and the role of our monastery within the world today, we recall a living tension which has brightened the journey of Benedictines for over 1500 years.

On the one hand, early monastics emphasized fleeing the world (*fuga mundi*) as a way to deepen their relationship with God away from the distractions and complexities of society. Teachers of the time, like Cassian, reminded monks that while they had “escaped” the world, they carried the real challenges within themselves. On the other hand, monastics have also found interaction with the world through conversation and ministry to be an integral part of discipleship. Life in a monastery is, as Benedict writes in the Prologue to the *Rule*, a “school for the Lord’s service.” We listen to God in prayer and discern how we are called into ministry—not away from the world, but within it.

“Fleeing the world” and “preparing for life in the world” are held in creative tension by the light of Christ, which sometimes draws us into solitude for quiet contemplation and at other times leads us forward into community and service.

St. Paul’s Monastery has adopted the theme *Celebrate the Light* for its major gift campaign to show how Christ shines as a beacon of hope and faith. Christ shines through the Sisters of St. Benedict of St. Paul’s Monastery as a torch which is being carried into the world through prayer and the various expressions of ministry. The signs of Christ’s light are many and are celebrated within these pages of *Passages*.

“News from the Sisters” offers a window into the Sisters’ lives and ministry. Under “Wisdom From the Tradition,” S. Eleanor Wartman, OSB and Oblate Mary Kealy-Falk explore the Benedictine charism of stability and its insights for life in today’s world. Then this issue highlights news from the monastery’s various expressions of ministry and its neighbors on the campus. Most importantly, this issue celebrates you, the leaders, volunteers, benefactors, and friends who make such ministry possible.

We pray daily for you and your family and we welcome you to come to the monastery and pray with us. We also invite you to partner with us in ongoing ministry to the people of our time. These are the ways we can *Celebrate the Light* together.

One final word. On January 1, 2011, S. Carole Sweely, OSB, died peacefully at the monastery in the midst of her sisters. While we rejoice with her as she experiences the fullness of eternal life, we also miss her faithful and diligent editing of past issues of *Passages* and remain grateful for her service.

A handwritten signature in cursive script that reads "Sister Lucia Schwickerath, OSB". The ink is dark and the handwriting is fluid and elegant.

Sister Lucia Schwickerath, OSB Prioress

NEWS FROM THE MONASTIC COMMUNITY

Insights Drawn from Ministry with the Poor and Marginalized

“Simon son of John, do you love me?” He replied, “Yes, Lord, you know I love you.” Jesus said to him, “Look after my sheep.” **John 21:16**

When I was in the second grade my mother told me two things: “To follow Jesus, sometimes a person must step out from the crowd” and “Be friendly toward the kids the others shun.” I knew she was referring to Johnnie who came to school after doing chores on the farm, smelling of cow manure, and Frankie, who was an orphan, living at the local Indian Mission. So I reached out; but I secretly feared losing my social status in the classroom by doing so.

Good enough for a second-grader, or so I thought. Sure, giving to the Johnnies and the Frankies brought me personal satisfaction, yet in imagining myself to be the benevolent one, I was blind to what each of them had to offer me, like Johnnie’s closeness to the earth and Frankie’s rich native traditions.

Fortunately, through good teachers and deep experiences with people, I eventually learned the difference between Christian love and subtle condescension. Case in point. As I was leaving to teach at the prison recently, I asked our prioress, S. Lucia, to pray for the prisoners. She responded, “Rather, ask them to pray for us.” Since then, between me and inmates, prayer goes both ways.

In thinking more broadly about this idea, I remember the words of St. Vincent de Paul: “We should apologize to the poor for the bread we must give them.” Yes we must apologize to the poor if we fail to change laws and policies which leave only one option: a “hand-out.” Giving of alms, when needed, will never substitute for justice; nor will simple benevolence increase mutual respect. As an Ojibwa prison inmate once reminded me, “Teach a person to fish. Don’t just hand him a fish.” Mutual respect grows in a society by giving folks the long-lasting means, not merely hand-outs. I see, for example, the need for effective immigration reform, living-wage jobs and educational opportunities.

For me, it takes persistence to daily manage my own compulsions. This experience heightens my admiration for brothers and sisters who face the illness of addiction or the humiliation of imprisonment. It makes me grateful for ways that I am free—to enjoy a cold beer, to come and go as I please, or to “sleep in” on a Saturday morning, aware of the relentless demands of a parent who is awakened early by a sick child after a grueling day’s work and lack of adequate sleep.

The privilege of hearing the stories of recovering addicts, prisoners, exploited workers and my sisters in community is truly a gift to me. Every day I am touched by persons whose circumstances may be far different from mine; yet, I realize we are the same. We all need food for our bodies; we also need food for our souls. A society of mutual, respectful giving can provide this. Prayer and Work (*Ora et Labora*).

S. Mary White, OSB

PRAY WITH THE SISTERS

Praying the Liturgy of the Hours and celebrating Eucharist is the heart of prayer life at the monastery. God gathers us each day to give praise and thanksgiving for all the blessings we enjoy, to pray for one another and to remember the concerns of the world. During Liturgy of the Hours, the psalms and canticles are chanted or recited antiphonally, allowing for one group to take the prayer on their lips and the other group to “listen with the ear of their hearts.” Alternating the singing or reading encourages us to rest with the scripture, allowing God to speak.

You are invited to take part in Morning Praise at 7:30am, Evening Praise at 5:00pm, or daily Eucharist at 11:30am. The times may vary somewhat each week. Please call 651.777.8181 to confirm.

Karin Barrett, liturgist and music director

MONASTERY AWARDS SCHOLARSHIP TO TRAILS EDGE RESIDENT

The Sisters of St. Paul's Monastery, through the Justice and Peace Committee, awarded Grace Ulakunle a \$500 scholarship on Dec. 17, 2010, to continue her studies at Century College. Grace is a second year nursing student who will graduate as a Registered Nurse in December 2011. Her goal is to acquire a Bachelor's degree in nursing by the end of 2013 and fulfill her dream of becoming a geriatric nurse.

The scholarship was offered to any adult resident of CommonBond's Trails Edge townhomes, located on the campus, for pursuing further education. Five residents applied. Their accomplishments, specific goals and inspiring motivation made the decision difficult.

The presentation was made at a dinner attended by Grace and her children, Timothy, 14, Ezekial, 12, and Esther, 5. Grace came to the U.S. from Nigeria in 1995, a very snowy winter as she recalls. Her first instinct was to return to the warmth of Nigeria.

This final semester Grace is doing her OB/GYN clinical two days a week at St. Joseph's Hospital in St. Paul. Grace is able to include volunteering in her busy life. She has helped in the monastery health care during the summer months and is on call at Bethany, the Sisters of St. Joseph's health care. The Sisters feel blessed to be able to be a small part of Grace fulfilling her goals.

S. LaVerne Hudalla, Justice and Peace committee member

QUALITY OF LIFE CONVERSATIONS BRING CREATIVE ENERGY AND RENEWED HOPE

Sunday, March 6, was an historic day. For two hours the Benedictine community of Sisters and Oblates met and shared their most inspired and creative ideas, research, and visionary statements for the future of the community in the three areas identified together: stewardship, membership, and ministry.

This creative process was initiated by the Quality of Life committee last fall. Each sister was encouraged to invite at least one Oblate to be part of our Community Days. The goal was to enter into prayer, dialogue, research and visioning to discern how God was calling the members to serve and continue to create our legacy of hospitality, prayer and service to God's people.

For five months Sisters and Oblates were invited to share their hopes and dreams for the future in one of the three chosen areas of focus. The two hours of intense, creative presentations by each group will be studied and integrated into the community's vision for the future. All of this was shared in the context of a beautiful ritual of prayer and celebration.

Many were inspired by the level of commitment and creative ideas that were presented in the context of seeking the wisdom and courage of the Holy Spirit to continue to "Choose Life" for ourselves and our legacy of serving God's people.

S. Paula Hagen, OSB, Quality of Life committee member

WHAT ARE YOU CELEBRATING TODAY? LIVE THE GOSPEL IN THE MONASTIC WAY

“What are you celebrating today?” Annette asks me. Annette is the woman behind the counter in the Bistro at St. Therese at Oxbow Lake, the place where I am pastoral care coordinator. Of course there is something to celebrate almost every day. It could be a saint’s feast day; it could be that the sun is shining; it could be someone’s birthday. To be celebrating means that I will order a “Zita-Mix,” half cappuccino and half decaf coffee. I do like to celebrate and I do enjoy the sweet coffee mixture, but I do not think that I need to have it every day, unless I’m celebrating.

When you picked up this copy of Passages, you might have asked: “What are you celebrating?” I answer: “We’re *Celebrating the Light!*” That is the name given to our major gift campaign, and the Light is also the reason we have come together to form this Benedictine monastic community. Jesus is the Light of the World, and it is Jesus who has extended the invitation, as St. Benedict puts it, to live in community, under a Rule and an abbot or prioress. The invitation is to live the Gospel in the monastic way.

It is true, the invitation is given by God, but the response is up to us. We have a choice. It has been that way from the beginning of creation. Today we choose to keep the ancient light burning, the light enkindled by St. Benedict and the Light of the World who is Jesus. We are all invited to *Celebrate the Light* in and with the people around us. What are you celebrating today?

S. Marie Fujan, OSB, director of vocations

VISIONING THE FUTURE

For both individuals and institutions a time of transition is a time for assessment. Where are we? Where do we wish to go in the future?

In 2009 St. Paul’s Monastery completed a transition from a former monastery building to a new one on the same site. At the same time it was developing new relationships with CommonBond and Tubman Family Alliance. Now what? In January 2010 the Monastic Council considered this question and decided to initiate a process to be called “Visioning the Future.” This strategic planning process would involve a small working group with regular dialogue and consultation with the entire monastic community and its ministries. The thirteen person group was organized and held its first meeting on March 30, 2011.

During its 18 meetings the group discussed the Values, Mission and Functions of St. Paul’s Monastery, its strengths and weaknesses, its organization and policies and the environment in which it exists. From a list of potential Goals for the future, the committee decided to focus on three – a Goal on Ministry, a Goal on Administration/Organization, and a Goal on Membership.

The Goal on Ministry seeks the development of an enduring vision of ministry for the monastic community which would then permeate all current and future ministries, individual and organizational.

The Goal on Administration/Organization seeks an efficient and effective organization, one that takes maximum advantage of its resources, personal, material and fiscal.

The Goal on Membership seeks a review of current forms of membership at the Monastery and the potential development of new forms of membership creating a vibrant and flourishing monastic community.

The Visioning the Future Committee concluded its work in late February 2011. Now the work of implementing the Goals, Objectives and Strategies begins.

Charlie Keffer, Vision committee chair and Implementation Project manager

2011 JUBILARIANS CELEBRATE 50 YEARS AS BENEDICTINES



S. Mary Courteau, OSB

S. MARY COURTEAU, OSB

S. Mary was born in Minneapolis, the middle child of Doris (Zierath) and Jordan Courteau on January 2, 1940. She grew up with a sister, Charlene, now of Colorado Springs and a brother, Douglas, now deceased.

Her early education came from the Sisters of St. Joseph at Holy Name Catholic School in south Minneapolis and St. Anthony High School in Northeast Minneapolis. S. Mary entered St. Paul's Priory in 1957 directly from high school. She received her Bachelor's degree from St. Catherine's College, majoring in history and secondary education.

S. Mary taught at St. Bernard's Junior High, Archbishop Murray Memorial/Hill Murray High Schools, St. Croix Catholic School, and St. Odilia's School. She has been St. Paul's Monastery's treasurer since 2002.

She enjoyed her formation years under the direction of S. Rose Alice Althoff and S. Jeroma Johnson. S. Mary enjoyed her ministry experience, living with Sisters Rolaine Deithelm and Catherine Schoenecker in Stillwater and Shoreview. S. Mary has enjoyed her variety of ministries and being of service to the Church and the community. Her opportunities to serve have been a gift to her as well as to the people she has served.

S. Mary has had to manage several health issues but has tried to not let them get in the way of her life of ministry and monastic life. God has been very good to her and for this she is grateful.

S. BERNADINE FRISCHMON, OSB

S. Bernadine has been blessed with very good parents and an exceptionally happy and fun-loving family. Coming from a family of ten (three sets of twins), there was always something happening. From her youth, the grace of God moved her to want to be a sister. She never told anyone, but she knew it was something she wanted to do.

Her parents cared for welfare children, and she always felt sorry for them because they did not have what she had. Many of them came from St. Joseph's Home for Children and she knew that sisters were in charge of them. She never got to work at St. Joseph's Home, but has been blessed with the opportunity of helping children grow in their faith at St. Augustine's parish and now at the Cathedral of St. Paul.



S. Bernadine Frischmon, OSB

Life for S. Bernadine has not always been work; there has been time for fun. She has had many opportunities to go fishing, which she enjoys very much. Coming from the farm, she enjoys the outdoors. The old saying, "You can take the girl out of the farm, but you can't take the farm out of the girl," is true for S. Bernadine. At one time in her religious life she was a cook and this, too, was enjoyable. She has been told she is still a pretty good cook.

When she was growing up, prayer was very important in to her family and is still very important to her. She has been blessed by God far beyond her expectations, especially in education and in her travels to Europe and elsewhere. She is most grateful to the community for all of these events in her life. She says, "My heart is full of gratitude."

Continued on page 7

S. ANNETTE ESBOLDT, OSB

“Before I formed you in the womb I knew you.” **Jeremiah 1:5**

“Let us make human kind in our image, according to our likeness.” **Genesis 1:26**

S. Annette was born on December 23, 1941, in St. Paul, to Pearl and Art Esboldt, and baptized into the family of God shortly thereafter. Pearl was a Swedish flicka who captured the heart of her German father with her blueberry pie. Her mother instilled in the family of five girls a deep faith and trust in God who provides and cares for us. This faith came out of her mother’s own Lutheran background prior to becoming Catholic and marrying S. Annette’s dad. S. Annette’s father was a strong German Catholic who ensured that the children would receive sound Catholic formation, which they did thanks to the Sisters of St. Joseph of Carondelet who were wonderful educators.



S. Annette Esboldt, OSB

But now thus says the Lord, he who created you, O Jacob, he who formed you, O Israel:

“Fear not, for I have redeemed you; I have called you by name, you are mine.” **Isaiah 43:1**

After entering the convent in 1959, on July 11, 1961, she renewed her Baptismal promises and made her first Profession as a sister of St Benedict of St. Paul’s Priory. The Profession of her class was held at the St. Paul Cathedral just down the block from our Summit Avenue Priory. The two people who were most influential in S. Annette’s spiritual journey were Sr. Jeroma and Sr. Rose Alice. S. Jeroma walked beside S. Annette on her spiritual journey showing her how to discern the lessons of life. S. Jeroma’s joy and laughter still bring smiles to her heart. S. Rose Alice was a lifelong friend to her and her family for about forty seven years. She and S. Annette’s father were born in the same year a couple of months apart and joked that they shared a birthday. They were good friends over the years.

Her ministry to the family of God was first as a nurse for thirty seven years. Then she was called home to the monastery to serve the sisters as Subprioress and Formation Director during Sr. Marie Fujan’s administration. After that ministry was completed, she served at St. Therese Home in New Hope, MN, as coordinator of the spiritual life program for the tenants. She fondly recalls one of her elder friends at St. Therese who loved to dance, telling her that when she entered Heaven she was going to ask to have the first dance with Jesus. Bless her, she died this past year.

In her present capacity, she is enjoying the opportunities God continues to place before her to be a servant.

50 YEAR BENEDICTINES



60 YEARS AS BENEDICTINES

S. PAT COLLINS, OSB
S. BENITA GEROLD, OSB
S. AGNES TROMBLEY, OSB

SACRED PRIVILEGE: AN OBLATE'S VIEW

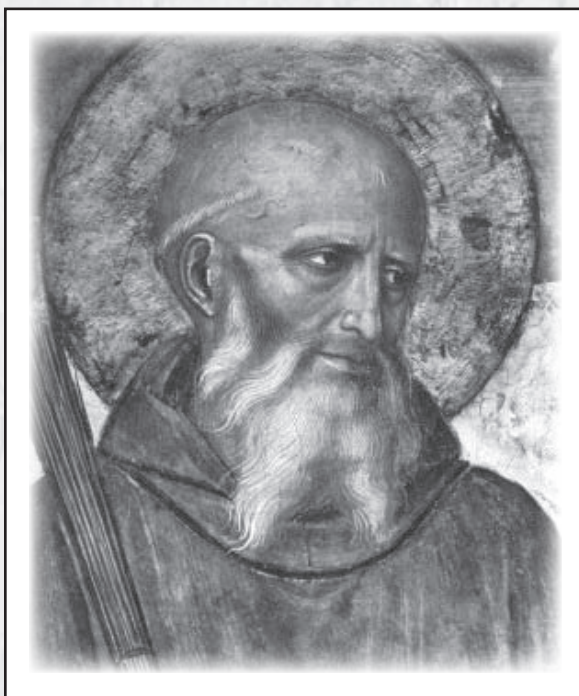
Linda L. Lintgen OblOSB and Terryl Ann Johnson OblOSB

After retirement from a career of teaching in public education, I was called into training to become a Spiritual Director and a Contemplative Healing practitioner. That led me to St. Paul's Monastery where I began working with clay as a contemplative practice. Presently, I am enjoying designing and co-creating lessons and activities with Oblate Terryl Ann Johnson to share with the Sisters in the Health Care Center.

We have learned and shared with our lovely Sisters our realization that we are born with two forces that give us every lens we need to see who we really are: the wild and ever-young force of imagination, which contains intuition and instinct, and the wise elder force of knowledge, which holds boundaries and carries the heart of the visionary. Through the sharing of life stories with the Sisters in Health Care Center, we have gained the spiritual insight that this way of being: "old while young, and young while old" is the secret to holding and replenishing the center ensouled amidst life's sufferings and joys. We enter each class with this prayer in our hearts, "If you are not free to be who you are, you are not free." Our desire to bring each Sister's one-of-a-kind legacy into the gathering through the sharing of our life stories has given us deepest respect for the knowledge that as spiritual women we must remain in a life-long relationship with the child, mother, and elder within us.

As an Oblate in formation, I have found it a sacred privilege to gather with these wise women on a weekly basis in the Health Care Center and bear witness to their sacred rituals and everyday living with community. As a seeker, it has been my desire to utilize my gifts and talents more fully within community. I have found that recognizing my gifts and sharing them with others keeps me close to Mother Source. Every person I have encountered within the Health Care Center has inspired me to recognize the diverse gifts they each possesses. I am the richer for our weekly gatherings. One sister has named our class, "Come and See What Awaits." The truth is, I now arrive at class and think to myself, "Linda, be ready to come and see what awaits."

Creativity takes trust and courage, courage to explore one's deepest self and to let in the depths of the world's struggles, joy, torments and agony. Artists need encouragement and the building of courage that community can lend us. The artist in each of us needs and deserves attention in order to build up the heart. This is the gift that I, as an Oblate in formation, have received from this beautiful loving community made up of women artists of all genres.



All of us, then, should reflect seriously on how to appear before the majesty of God in the presence of his angels. That will lead us to make sure that, when we sing in choir, there is complete harmony between the thoughts in our mind and the meaning of the words we sing.

– St. Benedict of Nursia

NEW LEADERSHIP APPOINTMENTS

Subprioress: S. Linda Soler, OSB

S. Linda Soler, OSB, was appointed to serve as subprioress. She has a BA in Theology, Pastoral and Catechetical Ministry Certification, and presently works at St. John's Church of Little Canada as the Confirmation coordinator. She is on the Monastic Council and serves as a Councilor for the Federation of St. Benedict. She has past experience working in vocation ministry and building and grounds. S. Linda has a love for all ages and brings a spirit of enthusiasm to this position.



S. Linda Soler, OSB

Advisor to the Prioress: S. Mary White, OSB

S. Mary White, OSB, joins the Monastery's leadership team as Advisor to the prioress in matters relating to the Sisters' wellbeing and group dynamics. Mary has a Master's Degree in Group Dynamics, an MA in Religion and Psychology, and a Divinity Degree from the University of Chicago. She is a former Director of the Benedictine Center and of the Benedictine Meditation Center. Currently she is serving on the Monastic Council. Mary will be continuing her ministry outreach with the poor and marginalized.



S. Mary White, OSB

Treasurer: S. Mary Courteau, OSB, continues to serve in this position.

Please hold the leadership team in prayer, so that in all things God may be glorified.

Secretary: Sue Narog (Lay Employee)

Sue Narog has been hired to serve as secretary to the prioress. She has many years of experience in administrative and secretarial roles, as well as medical information services. In the past Sue has worked for St. Paul's Monastery as a receptionist and as customer service manager for *Ministry of Mothers Sharing*.

Accounting Technician: Heidi Page (Lay Employee)

Heidi Page lives in Apple Valley with her husband Doug and 2 small dogs, Jo-Jo and Riley. She enjoys spending most of her free time with her husband, family and close friends. She began her position at St. Paul's Monastery in March and has enjoyed the welcoming environment. In addition to working at St. Paul's Monastery, Heidi also works part-time in the accounting department at a small manufacturing corporation in New Brighton.

Cook: Cheryl Johansen (Lay Employee)

Cheryl Johansen lives in Highland Park with a roommate and Ragdoll kitty, Tiki. She loves her job at the monastery and all the Sisters and staff. She works part time performing and providing entertainment for weddings. Her free time is spent thrift shopping, volunteering and speaking at youth centers.

MONASTIC COMMUNITY BENEFITS FROM VISITATION

Representatives from the Federation of St. Benedict completed a review of the monastic community in April. Such visitations are held every four to six years and provide the community with an opportunity to take counsel. The Sisters are grateful for the visitors' time and insight. Special thanks to S. Susan Hutchens, OSB, president of the Federation, S. Sheila McGrath, OSB, secretary of the Federation (both members of St. Mary Monastery in Rock Island, IL), S. Nancy Miller, prioress of Annunciation Monastery in Bismarck, ND, and S. Sharon Nohner, OSB, subprioress of St. Benedict's Monastery in St. Joseph, MN.



Add Caption?

OBITUARIES

We pray, after these women's many years of active service, they may be received by all those they loved and served.

S. Berthel Duepner, OSB

S. Berthel (June) Duepner, OSB died November 8, 2010. She was 96 years old and lived her monastic profession for 74 years.

Born to Charles and Henrietta (Huber) in Normandy, Missouri, S. Berthel was the third child and only girl with four brothers. Receiving the sacraments of Baptism and Confirmation at St. Ann's Church in Normandy, she entered the scholasticate in 1933 at St. Benedict's in St. Joseph, MN. After her first vows in 1936, she began a career as a musician specializing in violin and piano and graduated from the MacPhail School of Music in 1944.

Her music ministry began in Mandan, ND, and then in Richfield, MN, Eau Claire, WI, Robbinsdale, MN, St. Bernard's in St. Paul, Assumption in Richfield, St. Anne's in Minneapolis, Maternity of Mary in St. Paul, St. Andrew's in Hastings, and St. Augustine's in South St. Paul where she taught religious education classes since 1972. She taught summer vacation classes for many years mostly in Ball Club, MN, and retired in 1991.

Sister was a charter member of the monastery arriving in St. Paul in 1948 with 177 other Benedictines from St. Benedict's in St. Joseph, MN. She was very active during her retirement years teaching religious education classes and often giving piano concerts twice or more yearly at the monastery or in Phoenix, AZ, depending upon her travel schedule. For some years, she and a companion would take tour groups to varied European destinations, mostly pilgrimages to sacred sites. Sister had a talent for culinary creations and one of the Sisters' favorites was popovers. She was generous with her gifts, also judging piano contest students in various areas of Minnesota and staying in homes of parishioners along the way. Her voice was as confident as her snappy brown eyes. She met her last illness with courage and as a valiant woman.

Sister is survived by her brother, Donald, her Benedictine sisters, nieces, nephews and many friends.

S. Lorraine Flaspeter, OSB

S. Lorraine (Marius) Flaspeter, OSB died suddenly November, 26, 2010. She was 89 years old and lived her monastic profession for 67 years.

Born to Theodore and Julia (Beste) in St. Paul, MN, S. Lorraine was the oldest in a family of eight, four boys and four girls. Receiving the sacraments of Baptism and Confirmation at St. Mary's in White Bear Lake, MN, she entered the Scholasticate in 1936 at St. Benedict's in St. Joseph, MN. After first vows in 1943, she began a career as a musician in Little Falls, MN.

Her music ministry then took her to Sauk Center, MN, St. Bernard's, St. Paul, St. Andrew's, Fairfax, Assumption, Richfield, Immaculate Heart of Mary, St. Paul, St. Jude's in Havre, MT, and to Great Falls, MT, where she stayed until 2009 before coming home to retire in our Health Care Center.

Sister was a charter member of the monastery arriving in St. Paul in 1948 with 177 other Benedictines from St. Benedict's in St. Joseph, MN. S. Lorraine was an outstanding organist and choir director. Her demeanor was filled with the music she proclaimed whether she announced this by piano, organ, or by directing a choir. She was a liturgist to the core of her being, wishing rituals to be done correctly with propriety and lively



Continued on page 11

praise. Sister had a wonderful sense of humor, laughter never far away. She was the community's first driver in 1948, always open to new ventures, whether in liturgy or in life; many of her last active years were spent in Montana, which she loved with a full heart. Sister was very fond of Edith Stein and St. Therese of Lisieux, often rereading their books. She was a devoted reader frequenting the library often.

Sister is survived by brothers Bill and Jerome, sisters Jeanne, Pat, Jewell, many nieces, nephews, friends and her Benedictine sisters.

S. Carole Sweely, OSB

S. Carole (Denise) Sweely, OSB died after a short illness on January 1, 2011. The illness surprised her as did the meeting with her Creator.

She was 73 years old having lived her monastic profession for 53 years. Born to Byron and Natalie (Novak) in Tracy, MN, S. Carole was the older having one brother, Dennis. She received the sacraments of Baptism and Confirmation at St. Mary's Catholic Church in Tracy, and entered St. Paul's Priory in 1955 at 301 Summit Avenue in St. Paul, MN. After her first vows in 1957, she attended the College of Saint Catherine, St. Paul, receiving her B.A. in Elementary Education with a minor in History in 1964 and later an M.A. in Communications and Film from the University of Notre Dame in 1972.

She began her teaching ministry in 1960 at Assumption parish in Richfield, MN went on to teach English and History at Archbishop Murray Memorial High School for ten years. Wishing to travel and to have new experiences, Sister opted to teach out of state going to Plattsburgh, N.Y., Phoenix, AZ, Denver, CO. Her favorite setting grew to be the Rockies and Denver but she came home to teach intermittently from 1974 until 1995. From 1996-1998, she wrote and published *With Grateful Hearts: The Past We Own*, a history of the Benedictine presence in the Archdiocese of St. Paul and Minneapolis from 1948-1998. She also published a volume called *Monastery Fables*. From 1998 she served as the monastic librarian and as community secretary from 2004-2010.

After teaching English and Film for many years, the library was a perfect place to hone her teaching skills. She taught a series of film classes in the Benedictine Center and community history to young monastics. She was a disciple of laughter and advocated this in her daily living with her friends and monastic companions. She celebrated her silver jubilee in 1982 and golden jubilee in 2007.

Sister is survived by her Benedictine sisters, a brother, Dennis (Diane), four nieces and one nephew, and friends.



To All Who Love Sister Carole Sweely, OSB

Shining star that she is
Rises higher and brighter
in the sky now

Breath that she is
Blows in the wind from all
four directions

Sacred clay that she is
Returns to Mother Earth
for rebirth

Beloved teacher that she is
Lives on in the hearts of
grateful students

Lover of books that she is
Leaves a legacy in the
welcoming library

Lover of films that she is
Invites another to carry on
the tradition

Talented writer that she is
Gifts us with her creations
left in print

Devoted Benedictine Sister
that she is
Remains connected by the
Spirit Bond of Love

Loving and caring friend
that she is
Leaves warm memories to
keep us on cold days

Child of God that she is
Walks hand in hand with
her Beloved

For all that she is
to each of us
We give thanks

In Loving Memory of
S. Carole Sweely,

Terry Johnson, ObIOSB
January 6, 2011

Continued on page 12

S. Margaret Lanners, OSB

Sister Margaret (Margaret Lanners, formerly known as Sister Hugh), died June 6, 2011. She was 94 years old, having lived her monastic profession for 72 years.

Born to Nickolas and Elizabeth (Wenker) in St. Leo, MN, Sr. Margaret was the twelfth child and a twin in a farming family of 14, seven boys and seven girls. Receiving the sacraments of baptism and confirmation at St. Leo's Church in St. Leo, she entered the Scholasticate in 1935 at St. Benedict's in St. Joseph, MN. After her first vows in 1938, she began a career in domestic service.

Her ministry took her to St. Patrick's in Eau Claire, Holy Angels, St. Cloud, St. Benedict's, St. Joseph, St. Anne's, Minneapolis, St. Boniface, Hastings, Bellarmine Hall, Jesuit Retreat House, St. Mary's Hospital and Home, Winsted, St. Bernard's, St. Paul, St. William's, St. Paul, Immaculate Heart of Mary, St. Paul, St. Therese Home, New Hope, Midway Hospital, St. Paul, and St. Paul's Priory. Retiring in 1994, Sister came home to the monastery.

Sister was a charter member of the monastery, arriving in St. Paul in 1948 with 177 other Benedictines from St. Benedict's in St. Joseph, MN. Celebrating her Golden Jubilee in 1988 and her Diamond in 1998, Sr. Margaret was a tall presence on the health care floor, having a quiet and pleasant demeanor.

When active in her ministry, she loved cooking, delighting in results nicely done. Guests were always welcome, Benedictine hospitality showing in her gracious manner. S. Margaret is survived by many nieces and nephews.

We pray, after her many years of dedicated service, she can now rest enjoying in eternal peace and light.



Sisters Respond: What Light Do You See Shining At St. Paul's Monastery?

"The light shines through the faces of our Sisters and volunteers.

The light shines through our windows – brightening our lives and bringing nature inside.

The light shines through our prayers, psalms and hymns.

The light shines in the faces of our guests.

The light surrounds."

"We see the light shining in the faces of the staff, Oblates, volunteers, benefactors, and guests as they join us."

"We see people coming to the light through our ministries and experiencing peace, community life, prayer, silence, hospitality, support, justice, and more."

"Participating with all of them in community prayer each day is a grace and a blessing for us."

"The light is visible in our deep commitment to passing on a legacy of hospitality, prayer, and service to God's people – especially women, children and spiritual seekers."

Sisters Respond: What Gives You Cause to Celebrate?

"We are creating a unique campus here at Larpenteur and Century, making space available to women and children who have not experienced peaceful and hopeful lives."

"We celebrate milestones like Jubilees and death as part of the baptismal journey"

"We celebrate Sisters serving in unique ministries like, S. Jacqueline's teaching English to immigrants in St. Paul, S. Catherine Nehotte's helping families through her work with Tubman, and S. Karen Sames' work in the medical field through the American Red Cross."

"We celebrate the formation and commitment of each new group of Oblates."

"We celebrate all the wonderful, skilled, committed staff, Oblates and volunteers who work and pray in collaboration with the sisters."

WISDOM FROM THE TRADITION

Stability in Relationship with Christ and Others

by S. Eleanor Wartman, OSB and Mary Kealy-Falk, OblOSB

St. Benedict, in *The Rule* (RB), sets forth a vision for discipleship anchored in the life and message of Christ as proclaimed in the Scriptures. By his life and his *Rule*, Benedict traces a stabilizing path that leads to seeking God in a spirit of prayer and hospitality expressed in service to others.

The following reflection explores the value of stability, found both in Scripture and RB, and the ways that Benedictine life connects groundedness in Christ and relationship with others. It is my conviction that these insights from Benedictine spirituality also shed light on contemporary life outside of the monastery, particularly when we use the lenses of baptism and shared ministry.

St. Benedict gives us insight into the value of stability in Chapter 58 of his *Rule*. There he instructs a person who desires to enter a monastic community to come to the oratory and, in the presence of the entire community, to promise stability, fidelity to the monastic way of life, and obedience. In living these values, the person is grounded in the search of God, nourished through openness to the Word revealed in Scripture and in others, and witnesses fidelity in “the school of the Lord’s service” (RB Prologue: 45).

Stability is rooted in a certain place with a particular group of people. To stay with these people day in and day out, in the good times and the not so good, is to recognize that we each need to be in relationship with others who share our desire for deeper meaning in life. These companions on the journey offer a presence of prayer, of support, of wisdom. They help create a sense of belonging. These same people also challenge us to grow when we encounter conflict, difficult conversations, and opportunities for mutual forgiveness. Over time and in the midst of the everyday, we find new ways to express our commitment to each other and to this way of life.

As we unpack the Benedictine sense of stability, it becomes clear that Benedict’s insights are helpful for monastics and non-monastics alike. Benedict built his vision of community on biblical values and the example of Christ, the foundations of stability for all Christians. In fact, many people within and outside the monastic enclosure refer to *The Rule* as a guide for living out their own baptismal promise.

Mary Kealy-Falk and I have long journeyed together, exchanging perspectives from our own unique approaches to living the Benedictine way, she as an Oblate and I as a Sister. Two of her experiences reflect the essential nature of stability in our spiritual lives. In her own words, she tells the story of a dream that grounded her in relationship with God:

“Some time ago as I lay awake in bed in the predawn hours unable to drift back to sleep, a vision came to me. I was standing alone on a stage with no one else in the theater. Everything was silent and dark except for a spotlight that was shining down on me from the rafters. Nothing was happening. I was just standing in the light. In that moment, I realized the vision was about my relationship with God—just God and me. Nothing needed to be said or done. I sensed that God knew me, related to me at the very core of my being. That love and acceptance created in me a deep, rich sense of stability.”

Mary also remembers fondly the sense of rootedness she had growing up in a small town, knowing just about everyone at some level. Some were friends or neighbors; others were acquaintances from church, school, or grocery stores. As she tells the story,

Continued on page 14

“There is a natural almost taken-for-granted kind of well-being that comes from being known within that kind of community. That kind of knowing and being known is something I want my children to experience. I want them to appreciate that stability comes from loving and supportive relationships—each one adding to the picture of what our lives are meant to be, that the people we love and with whom we share our lives become our history and touchstones for who we really are.”

For Mary and me, stability is more than just a value or simple spiritual practice. Stability names the commitment to live into who we are in relationship to God and to others. Unified by baptism and relationship to Christ, the Sisters of St. Benedict of St. Paul’s Monastery celebrate the ways our stability draws others into relationship with us in this certain place and with these particular people. Oblates, guests, benefactors, volunteers, friends, and other partners come together here and now to deepen relationship with Christ and reach out in ministry.

True stability in Christ and community calls us to be satisfied with the present, to be centered in the moment, not fretting about the future nor longing for past experiences. The blessings of this inner stability will be a life of confidence, of peace, of being in right relationship with God and the mystery of God in each of us.

THE WORK OF THE MONASTERY IS DONE IN PARTNERSHIP

As with any truly great mission, the Sisters of St. Benedict of St. Paul’s Monastery do not accomplish their ministry alone. They are joined by Oblates, staff, volunteers, benefactors, and other organizations to embrace the complexities of today’s challenges and the breadth of today’s possibilities in the light of the Benedictine tradition. Conversation and collaboration prove to be mutually beneficial and lead to more effective ministry than any one of us could accomplish alone. Thank you for being one of our partners in ministry.

Volunteer Appreciation

In April, we as a nation set aside time to appreciate all the volunteers in America. Whether we set aside a day, a week or a month, the sentiment is the same, a deep gratitude to all those who so willingly donate their gifts, talents and time to serve others.

The Sisters of St. Benedict at St. Paul’s Monastery would like to thank all of our friends, family, oblates and acquaintances who gift us with their time, talents and service. We have volunteers who help us in the bakery, kitchen, ministries, Health Care Center, library, offices, grounds and maintenance, driving and liturgy. Some of our volunteers come weekly, monthly and some even several times a week. To all of you who serve us so faithfully, THANK YOU!

S. Karen Sames, OSB, volunteer coordinator

MINISTRY NEWS

The Benedictine Center

The Gift of Time and Space

“You are a part of God and God is a part of you” **Romans 8**. Seeking to understand this mystery draws people to spiritual direction and retreats for it is in those moments of deep encounter that one glimpses the movement of God in their lives.

Benedictine spirituality urges us to pay attention to life. I’ve noticed over my years as a spiritual director that some people at first fear this sort of full consciousness. It is as though they will discover something that will make their brokenness unbearable. But being conscious of our need for grace and mercy is often the gateway to a renewed, deepened faith in God’s abiding love.

Paying attention as a spiritual practice opens us to the deeper reality of who we are amidst paradox, contradictions, and blessings. In one of Beatrice Bruteau’s books, *Radical Optimism* (Sentient Publications, 2007), she cautions readers about fragmentation, which leads us to focus either on the past or on the future, missing the presence of the Holy One here and now. Being fully conscious, in the present, allows us to give ourselves fully to the life God offers us.

Spiritual direction and private retreats offer to God and to us the gift of time and space to reflect, to pray, and to rest in God’s mercy and love. Being welcomed as Christ, praying with the monastic community, finding a comfortable room, beauty, and a coffee pot always on, we enter a space in which we embrace more deeply our lived experience. The very act of coming to the monastery acknowledges our need for God. To have another walk alongside, as a spiritual director does, gives us courage and support as we seek to encounter the Holy One. In that journey, we discover the love God has for each of us and God’s loving invitation to stay faithful.

S. Carol Rennie, OSB, spiritual director

To learn more about retreats and spiritual direction, call 651.777.7251.

The School of *Lectio Divina*: Innovation within the Benedictine Tradition

In collaboration with nationally respected scholars in Benedictine spirituality, the Benedictine Center of St. Paul’s Monastery is becoming a cornerstone for people wanting to deepen their practice of *lectio divina*. Last year, the Benedictine Center initiated a School of *Lectio Divina*, which has already attracted women and men from as far away as Alaska.

Lectio divina (divine reading) is a way of praying with Scripture that helps deepen one’s relationship with God. Or, as S. Meg Funk, OSB (author of *Lectio Matters*) describes it: “*Lectio divina* is our burning bush. We take off our sandals and bow our brow to the ground of our being.”

The new school (two offered each year) offers an intensive five-day retreat focused on sustaining *lectio divina*, and is designed to help participants experience that ‘burning bush’ inside a Benedictine monastery. During the retreat, participants explore teachings about *lectio divina*; meditate on a text that speaks to their hearts, meet with a spiritual director, participate in group conversations, and benefit from a number of opportunities for follow-up support.

“I remember watching guests come through the door looking tired and drained and wondering what to expect over the next five days,” recalls S. Virginia Matter, OSB, teacher, artist and one of the spiritual directors for the School. “But then each day I’d see them begin to relax, open up, and smile more and more.”

Continued on page 16

What's unique about these intensive retreats, she explains, is that participants learn to incorporate *sustained lectio divina* into their lives. "The scriptural text becomes part of how they live daily life," she says. "We enter deeply into a text through prayer and study and find that it lingers with us, shaping us and guiding our discernment. We might stay with a single text for an extended time--until the Spirit calls to us through another text."

The School is the result of a unique partnership between the Benedictine Center and S. Meg Funk, OSB, a writer and teacher of Benedictine spirituality who had the first idea of such a school, as well as Kathleen Cahalan, an associate professor of theology at Saint John's University School of Theology*Seminary, and long-time student of Meg's work.

Two more Schools of *Lectio Divina* will be hosted in 2011-2012, with the next sessions scheduled for Dec. 9-14, 2011 and July 6-11, 2012.

Rahberg notes that St. Benedict commended *lectio divina* to monastics over 1500 years ago, and it continues to cultivate peace in our hectic world. "It is an encounter with God," he says. "It helps us walk through the world in a way that is more attentive to the sacred in each moment. For many, sustained *lectio divina* has become a way of life."

S. Virginia Matter, OSB, spiritual director, and Kathleen Lindstrom, publicist

To learn more about the School of *Lectio Divina*, email benedictinecenter@stpaulsmonastery.org or call 651.777.7251.

BRIGHTEN OUR WORLD

The final melody of Morning Prayer was just fading down the cloister walk as I sat waiting for the others to arrive. One by one they quietly shuffled into the room and settled into the circle of chairs, holding the silence and resting their gaze on the weak flicker of the candle between us. Some rustled notepads and searched for pens. Others slowly raised and lowered tea bags by their paper handles on string.

The last to arrive, stepping brightly and with purpose, made me look up. Soon the wave of her presence, along with a hint of perfume, washed up on my shore. She paused to stand before me and with reading glasses in her fingers, she pressed her hands together at her chest and bowed slightly. I am almost sure I saw her wink and grin. Then in one more movement, she lifted her head and sat down beside me, leaving me warmed and speechless. I meant to say, "You are the light of the world."

At any moment we might be the person who is inspired by a touching gesture and convinced of the presence of God. In the next, we might be called to consider how we ourselves choose to enter a room and honor another person with our full attention. In the coming months and the same spirit, Sisters, staff, and volunteers of the Benedictine Center will receive one guest at a time for personal retreats and spiritual direction. Others will come for the Lectio Pilgrimage with the Saint John's Bible, Taizé Prayer, a ministry renewal day, or a retreat around Centering Prayer and Lectio Divina.

What undergirds these sacred times and offers people the deepest sense of renewal is the unwavering and refreshing Benedictine commitment to reverence the spark of Christ in each person. In receiving and embodying this light of Christ, we brighten our world.

Sam Rahberg, director of the Benedictine Center of St. Paul's Monastery

iLLUMINARE: A MINISTRY TO MINISTERS

St. Paul's Monastery: Lighthouse for Ministers

by Jacquelyne M. Witter Ed.D., director of iLLUMINARE: *Called for Service, Formed in Christ*

Have you visited the lighthouse near Two Harbors, Minnesota? The story of the origin of this majestic edifice is a powerful reminder of the challenges of navigating magnificent Lake Superior. Lighthouses “are used to mark dangerous coastlines, hazardous shoals and reefs, and safe entries to harbors,” according to the dictionary. The lighthouses around Lake Superior were frequently built in response to a tragedy that left ships and their goods damaged or destroyed and sailors injured or dead. Countless lives have been saved and thousands of dollars of goods have reached their ultimate destinations because of those lighthouses. Lighthouses were once regarded as premier examples of a public good, because they responded to a need that benefitted all without a charge to the beneficiaries. Even though for the most part lighthouses are not needed anymore because of ships’ advanced navigational systems, they continue to symbolize the human need for light and guidance in order to safely find one’s way.

For 1500 years Benedictine monasteries have been a kind of lighthouse for seekers and pilgrims. Through the witness of a disciplined Gospel-centered life, Benedictines have helped people to discover a meaningful way to live one’s Christian faith, especially in the midst of challenges, change, chaos or turmoil.

While visiting the lighthouse in Two Harbors recently I was struck by the parallels between what led to its creation and why *iLLUMINARE, Called for Service, Formed in Christ: Ministry to Ministers* at St. Paul’s Monastery exists. Experienced church ministers, for whom *iLLUMINARE* was created, need guidance in seeking and finding safe harbor in the midst of the complex reality of ministry today. We have heard too often and know too well the ‘shipwrecks’ that occur when ministers are not attentive to the personal and ministerial realities that have the potential to lead them off course as they strive to live faithfully as disciples and ministers. The Sisters of St. Paul’s Monastery know the importance of discovering and sharing the Light of the Gospel that provides a sound orientation for one’s life. Through *iLLUMINARE* these Benedictines are illuminating a way of life for experienced church ministers that will enable them in turn to enlighten the people they serve in ministry. The Light at the center of the Sisters’ lives thus shines upon thousands of persons across the Upper Midwest as participants bring to their faith communities the practices of *Lectio Divina*, the Liturgy of the Hours, theological reflection and disciplined conversation. The lay and ordained ministers who have participated in the various dimensions of *iLLUMINARE* since its beginning in 2003 testify that this ministry is a beacon of hope, encouragement and growth for those who minister in the name of the Gospel. *iLLUMINARE* invites ministers into a way of life rooted in Benedictine values that anchors their ministerial practice in enduring spiritual disciplines, thus providing a means of fruitfully navigating the realities of ministry.

iLLUMINARE focuses on six particular Benedictine values:

- We **listen** reverently with the ear of our heart to God, to one another, to life experiences, and to creation;
- We **look for God in the ordinary events of life** and seek to grow in understanding of God’s presence and activity in all of our experiences;
- We seek to **live a balanced rhythm of life** integrating prayer, work, healthy relationships and leisure;
- We strive to practice good **stewardship** of the gifts and resources we have been blessed and entrusted with;
- We **cultivate the disposition of stability** so as to faithfully persevere in our vocational calls and commitments;
- We are committed to **ongoing conversion** as we continue to be open to the transformative power of the Gospel.

The integration and practice of these values throughout the various dimensions of *iLLUMINARE* are what leads participating ministers to affirm what one recently noted, “*iLLUMINARE* is light for the soul when one could become overwhelmed or disillusioned. It reminds me who the center of my life is and what is important in ministry. Thank you.” Our prayer is “that in all things, God may be glorified” (RB 57) through this Ministry to Ministers at St. Paul’s Monastery.

Learn more at www.illuminate.org

MINISTRY OF MOTHERS SHARING

by Jean Glaraton, Ministry associate



Many of us have been with a child during a moment of discovery—the moment when the light goes on. It is evident on their faces. They have discovered something new and exciting. This same experience is played out time and time again in *Ministry of Mothers Sharing*.

Over 20 years ago, a small group of women gathered for what would later be known as a *Ministry of Mothers Sharing* 8 Week Session. They prayed, talked, and grew together, forming a community. With the strength of this newly formed community and the spiritual enrichment gained, the women sought to share their faith more deeply with their children, families and friends. God-given gifts were claimed and many went on to take leadership roles within the parish.

The eighth session is a celebration of new beginnings. Here peer facilitators name gifts they've seen in each participant throughout their time together. Truly a celebration of light, this is a beginning, not an ending. It is a spiritual awakening. Women speak of the transformative impact of the *Ministry*. This is evident in one of the ways it has spread throughout the country.

As our increasingly mobile society often requires women to relocate, they bring with them a desire to continue in the *Ministry*. A question often asked of national office staff is "Where is *Ministry of Mothers Sharing* active in my new community?" If there is not a group close by, the next question is "how can I start this here?" The riches experienced cannot be held within. They are meant to be shared, just as God intended.

Ministry participants are immersed in Benedictine values of hospitality, prayer, and community. This leads them to want to learn more about the teachings of St. Benedict and how to incorporate them into daily life. *Ministry of Mothers Sharing* features "Exploring Benedictine Values" in our monthly e-newsletter to increase understanding of what for many is an appealing way of living out Gospel values.

What began as a small gathering of young mothers in one parish has grown into a *Ministry* through which all women of all ages come together to seek a deeper understanding of themselves and their vocation. They come together and learn that all women have an impact on the role of mothering, that all women are called to be light in an often dark world, that all women have wisdom and life experiences that must be shared in order that God's presence may be known more fully. From one small gathering has emerged a light shining brightly in the hearts of thousands of volunteers throughout the country who carry forth the vision of the Sisters to create sacred space from which we respond to the needs and challenges of church and society. These volunteers and the women, families and communities they serve are witness to the Benedictine spirit alive in this world.

"I participate in *Ministry of Mothers Sharing* and because I am not a mom, everyone asks me "Why?". Because, I say, I was ready for something spiritual this is the best thing that ever happened to me. I feel so much closer to God. Thank you for starting the *Ministry*. I will always continue to support it." Wyoming

"I could not live without the love, compassion, and care of these women. By the grace of God and the Holy Spirit we were brought together one January night 11 years ago and have grown in spirituality, womanhood, friendship, and love because of *Ministry of Mothers Sharing*. Thank you!" Louisiana

"Every woman I know who went through the *Ministry of Mothers Sharing* ventured out and started participating in our parish (lectors, Eucharistic Ministers, etc.). It brings community. It brings hospitality. It brings friendship. It brings spiritual growth which leads to wanting to do more for God, with God, in God. *Ministry of Mothers Sharing* leads people to participate more fully in their parish community!" California

Continued on page 19

This same spirit will draw together women from across the country July 21-23, 2011. The *Ministry of Mothers Sharing* National Training & Conference will gather these leaders who come to enhance their leadership skills, find spiritual enrichment, and connect with other women called to know more about themselves and the *Ministry*. For more information or to invest in the impact of this *Ministry* touching women across the country, contact National Director Mary Boespflug at maryb@stpaulsmonastery.org.

Learn more at www.ministryofmotherssharing.org

Maple Tree Childcare Center

by Jennie Schlauch, director

Maple Tree Childcare Center was founded by the Sisters of St. Paul's Monastery in August 1991. Plans are being made to celebrate the center's 20th anniversary in the summer of 2011. Maple Tree has been blessed with longevity of staff, loyalty of families, and beautiful indoor and outdoor environments. The unique combination of stimulating lesson plans plus the teaching of Christian values has contributed to the excellent enrollment at Maple Tree. The children's days are filled with social interactions, age appropriate learning activities, and opportunities for motor development, while the thread of Christianity ties the day together. The children pray, sing, and learn about God's love for them at Maple Tree. They enjoy visits to the monastery where they can form bonds with the sisters. To schedule a tour of the center, please contact Jennie Schlauch, director of Maple Tree, at 651-770-0766. Learn more at <http://www.stpaulsmonastery.org/10-mapletree/intro.html>

CAMPUS CONNECTIONS

CommonBond Communities: Building Stable Homes, Strong Futures, And Vibrant Communities

As life flourishes during spring, lives are flourishing at CommonBond's two on-campus housing communities. Century Trails, CommonBond's site for senior housing, is nearing full occupancy. This is enabling more intergenerational and inter-campus program opportunities. For example, throughout the school year, residents of Century Trails, sisters from St. Paul's Monastery, and teenagers from Trails Edge and Hill-Murray High School have been meeting monthly for a time of games and nurturing friendships. For this summer, plans are underway to begin a small campus garden for residents, sisters and especially our youth to learn about creation and tending our planet. This garden will be just one more example of all the things that are flourishing on our campus!

Darrin Francis, CommonBond Advantage Services Manager

Learn more at www.commonbond.org

Tubman: Helping Families in Distress Find Peace

Much is happening at Tubman Center-East (the former monastery) this spring! A number of classes and support groups available to the community are currently happening weekly, and more will be added in the coming months, so be sure to check tubman.org for more information. We're also excited to begin the renovations which will allow our two East Metro shelters to consolidate into the new facility. Once completed, we'll invite many of our community partners to offer programming and help us create the multi-service community center we've envisioned all along.

Mike Stephenson, Tubman Communications Manager

Learn more at www.tubman.org



Passages

St. Paul's Monastery
2675 Benet Road
St. Paul, MN 55109-4808

Non-Profit
Organization
U. S. Postage

PAID

PERMIT NO. 3908
Twin Cities MN



Passages

Sisters of St. Benedict of St. Paul's Monastery
2675 Benet Road, St. Paul, MN 55109-4808
Phone: 651-777-8181 • Fax: 651-773-5124
www.stpaulsmonastery.org

Monastic Leadership Team

Lucia Schwickerath, OSB, Prioress
Linda Soler, OSB, Subprioress
Mary White, OSB, Advisor to the Prioress
Mary Courteau, OSB, Treasurer

Other Contributors to PASSAGES

Karin Barrett
LaVerne Hudalla, OSB
Paula Hagen, OSB
Marie Fujan, OSB
Charlie Keffer
Bernadine Frischmon,
OSB
Annette Esboldt, OSB
Linda L. Lintgen
Teryl Ann Johnson
Eleanor Wartman, OSB
Mary Kealy-Falk
Karen Sames, OSB

Carol Rennie, OSB
Virginia Matter, OSB
Kathleen Lindstrom
Sam Rahberg
Jackie Witter
Jean Glaraton
Jennie Schlauch
Darrin Francis
Mike Stephenson
Harriet Rydel
John Joslin
James J. Fennell

Proofreaders

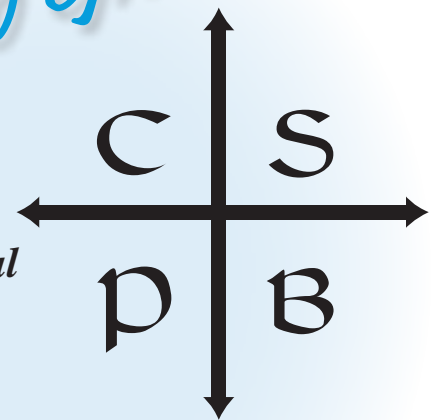
Susan Bourauel, OSB
Pat Collins, OSB
Jacqueline Leiter, OSB
Roma Rowland
Harriet Rydel

Layout Design and
Printing

Graphic Design, Inc.

The Development Office of St. Paul's Monastery does not lend, sell, share or trade names on our database.

A Way to Give Today



*Enclosed is a special
gift envelope.*

*If you are able, we invite you to support
the Sisters of the St. Paul's Monastery
and their Ministries.*

DATES TO REMEMBER:

October 1, 2011 Craft Show
November 20, 2011 Legacy Society Brunch
December 3, 2011 Christmas at the Monastery